

(Note: The following article is an excerpt from "Coming Home: The Return to True Self", pp50-51. On 9/18/01 a reader emailed that these words helped her to cope with the terrorist attacks on New York and Washington, D.C. Perhaps you, too, will find the excerpt relevant and helpful for facing world change of all kinds. With love, Martia) www.MartiaNelson.com

SPIRITUAL DYNAMICS OF WORLD CHANGE

The personality (or ego) has become well developed in the current culture. This maturity brings us to the brink of expansion into a new identity. We have gone as far as we can go by identifying so strongly with the personality. We have lived the reality of the personality so fully that we have completed that cycle of evolution and are now ready to move on. In fact, for survival we must move on to greater awareness. Because of its basis in limitation, the personality has created so much dilemma and distress, at the global level as well as in our individual lives, that we must make the shift to true self to realize solutions. We need to draw from a more expanded and creative perspective to meet our challenges.

This need is no accident. Whenever a collective consciousness completes its “study” of a particular level of awareness, it finds itself somewhat off-balance. This is natural and guarantees a built-in momentum and motivation for breaking through into the next reality to be explored. The natural state of imbalance brought on by having so fully identified with personality now pushes us forward into a new identity, collectively and individually.

This identity comprises a merging of the two identities we have been ricocheting between. As this merging progresses, we will feel less and less forced to choose between limitation and unlimitedness; they will no longer be like oil and water, but together will become a new substance.

Understand that in this process neither reality wins over the other, and neither reality loses any of its characteristics. Unlimitedness is simply brought into limitation, which means that in your life, your spirit becomes integrated into your personality on a conscious, everyday basis.

Many people still think that being on a spiritual path means fighting the personality and that enlightenment means defeating the personality once and for all, as though the spirit is somehow set free in that “victory”. But, in truth, the spirit has never been imprisoned by the personality, not even for a moment. (Unlimitedness is never truly limited by anything, not even by the greatest limitation.) The spirit has only loved the personality, endlessly bathing it – as it bathes everything – in the light of unlimitedness.

*If you want to be enlightened, but just that: in light.
Shine the light of love and acceptance
into every part of your being, as you already are.*

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