

Louisa uses true self techniques inspired by her classes & coaching with Martia Nelson.

LOUISA'S MONEY STORY

"I sure need to experience the abundance of the universe," thought Louisa, "and fast." She was in a panic about money. Her boyfriend had just moved out, and he had been paying half the household bills for several years. Louisa's job was reliable and fulfilling, but she couldn't pay the hefty house payment by herself on the income it provided.

That night Louisa sat in quiet and meditated. As her breathing became gentler and more rhythmic, she softly intended for her awareness to go to "the place in my true self where I know that the universe is fully abundant and that I am a reflection of everything good in the universe."

As Louisa released her intention and let her awareness drop within, she noticed the subtle well-being of true self circulating lightly within her. She let each breath go into that well-being, gently opening to the abundance she knew was there. Soon a tiny feeling of abundance began to emerge. With each breath, it became more real, calming and soothing her. It felt natural and right. With it came a knowing, without thoughts, that abundance was her core truth and that her life could mold itself to match that abundance. As Louisa ended the meditation, she made a commitment to herself to carry this knowing of abundance into her daily life.

The very next day, Louisa got two calls from people she didn't know, but who had heard of her, asking to hire her as a part time consultant for their businesses. Louisa hadn't done consulting in a decade! Yet here were two great offers. The hours fit easily around her regular job, the pay was a much higher hourly rate, and Louisa enjoyed the work. Taking those jobs gave Louisa the financial boost to cover her house payment and other expenses that popped up over the following years. Opening to true self abundance had become Louisa's foundation for manifesting and receiving the support she needed.

Martia Nelson, life coach and author of "Coming Home: The Return to True Self," helps you reclaim your true self and a life that makes your soul sing. Get your FREE mp3 at www.MartiaNelson.com . Copyright © 2008 Martia Nelson, all rights reserved.